

Prices & Travel Ideas 2021

VitalHotel Ascona



A vacation of unconscious value.



Zur Amtsheide 4, 29549 Bad Bevensen, Tel.: 05821 /550

www.hotelascona.de info@hotelascona.de

Prices 2021

Single room per Person/Night incl. Breakfast from the buffet

Small single room from Euro 67,00

Main house north & annex
southwest

from Euro 70,00

Standard single room

Annex southwest

from Euro 80,00

Comfort single room

Main house south

from Euro 85,00

Luxury Einzelzimmer

Annex southwest

Double room per Person/Night incl. Breakfast from the buffet

Double room ab Euro 65,00

Main house north

Comfort double room

ab Euro 75,00

Main house south

Combined double room

ab Euro 70,00

Annex southwest

Luxury double room

ab Euro 80,00

Annex southwest, main house
south and north

Our prices depend on season

& utilization of the hotel at the time of booking!

All prices in Euro incl. breakfast and VAT per person and day

Half board Euro 23,00 per person and day – full board Euro 32,00 per person and day

For bookings of one to three nights, we charge a surcharge

from Euro 5,00 per person and day. Tourist tax z.Zt. NS € 2,70 / HS € 3,00 per person / day.

In all 7 daily rates of this price list our wellness package (bathrobe, sauna towel and bathing shoes) is included. For all other packages and above Prices can be booked the wellness package for a one-time fee of Euro 4.00.

Guests of the Ascona Club receive on above room rates.

from 7 nights = 3% discount & from 14 nights = 5% discount & from 21 nights= 7 % discount

Prices 2021

SHORT AND GOOD

(ARRANGEMENT PER STAY NOT MULTIBOOKABLE)

ASCONA TO KNOW:

- 2 nights incl. breakfast from Buffet
- 2 x half board
- 1 x cocktail „Ascona“
- 1 x entrance to the Jod-Sole-Therme á 180 min including sauna and brine

2 nights

from Euro 176,00 till Euro 216,00

per person in double room / Single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

3-DAY-SYMPHONY:

- 3 nights incl. breakfast from Buffet
- 2 x half board
- 1 x four-course surprise menu
- 1 x cocktail „Ascona“
- 1 x hot-stone-backmassage

3 nights

from Euro 273,00 till Euro 328,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

Regular guest benefits 2019/2020:

Discounts of up to 7% on Ü / F

- donated up to 30,- Euro per year
- up to 20% discount on cosmetics
- Wellness package included
- Upgrade according to availability
- Late check out upon availability

Direct booking with us in the hotel is worthwhile!

With us you always get the same or even a cheaper price than on the Internet!



Prices 2021

BEAUTY & WELLNESS

FOUR BEAUTIFUL DAYS:

- 4 nights incl. breakfast from Buffet
- half board included
- 1 x neck & facemassage
- 1 x cocktail „Ascona“

4 nights

from ab Euro 352,00 till Euro 422,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

BEAUTY DAY PACKAGES

Beauty Cocktail

Euro 115,00

1 small algae cosmetics, 1 foot care, 1 hot stone back massage & 1 cocktail "Ascona" & 1 fruit salad

Angels Face

Euro 147,00

1 large algae cosmetics, 1 Ayurveda foot massage, 1 manicure incl. Hand massage, 1 pedicure, wellness tea & 1 cocktail "Angel's Face" & 1 fruit salad

Green Lady

Euro 120,00

1 Ayurveda head and face massage, 1 hot stone body massage, 1 Ayurveda foot massage, 1 fruit salad & 1 cocktail "Green Lady"

Mann-hattan (für Ihn)

Euro 65,00

1 Hot Stone back massage, 1 foot care & 1 cocktail "Manhattan" & 1 fruit salad

For beauty arrangements, arrivals are required until 1pm as the treatments can start early. Book treatments on time!

Prices 2021

EVERDAY ADE.....

CHANGING WALLPAPERS EASY MADE:

- 7, 14 or 21 nights incl. breakfast from buffet
- half board included
- 1 x cocktail „Ascona“

7 nights

from Euro 560,00 till Euro 665,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

14 nighst

from Euro 1092,00 till Euro 1302,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

21 nights

from Euro 1491,00 till Euro 1911,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

HEALTH & PREVENTION (bookable)

Short break

Euro 65,00

3 x neck massage (10 '), 1 x Ayurveda foot massage (25')

To get to know

Euro 69,00

1 x revitalizing back massage (20 '), 1 x Ayurveda foot massage (25'),

1 x wellness bath

Massage and heat

Euro 125,00

3 x heat with basalt stones & 3 x revitalizing back massage,

1 x wellness bath, 1 x Ayurveda foot massage

Back special

Euro 120,00

1 x spine treatment according to Dorn Breuss or energetic spine straightening (45 '), 1 x back exercises (30'),

1 x Ayurveda body treatment (45 ')





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HEALTH & PREVENTION

On vacation to find the start of a healthier life

We find the right detoxification program, purify or lose weight

Base fasting

A diet that is based on alkaloids has a prophylactic effect, improves already existing mood disorders and illnesses, and also enhances wellbeing.

Fasting for healthy

The conscious temporary abandonment of solid food, the letting go and the retreat to oneself, create a wealth that already with some fasting big "aha effects" has triggered.

Schroth cure after J.Schroth

The Schroth cure is a holistic naturopathic treatment in which The body is thoroughly deacidified and detoxified. The combination from Schroth cure and wellness vacation is an ideal way Forget everyday stress. At Schroth cure - arrival day: Sunday

Reduction or interval fasting 16:8

Gentle weight loss through reduced & balanced food.
800, 1000 or 1200 kcal distributed throughout the day.

Almased Vital Week(s)

Systematically decrease with Almased 4-phase,
overcome the "Jo Jo" effect to be successful for a long time.

The Schroth cure was due to the limited number of Schroth curerooms are planned for the long term. A change on site to another program is possible. We will gladly advise you on reasonable possibilities.

A safety certificate from a doctor or a disclaimer conclusion is necessary for the Schroth cure and for fasting for healthy!

Prices 2021

HEALTH & PREVENTION

On vacation to find the start of healthier life!

All six health packages include:

- intensive introduction of nutrition tips
- incl. cure catering depending on the program
- incl. Drinks depending on the program
- incl. Extensive active program

**Basen fasting, fasting for healthy, schroth cure,
reduction, interval fasting, Almased**

7 nights

from Euro 616,00 till Euro 686,00

per person in double room / single room plus Euro 5,00 per day

14 nights

from Euro 1155,00 till Euro 1295,00

per person in double room / single room plus Euro 5,00 per day

21 nights

from Euro 1680,00 till Euro 1890,00

per person in double room / single room plus Euro 5,00 per day

Fit & active program

The health packages are accompanied by a varied, weekly changing Fit & Active program: Aqua gymnastics, Nordic walking, back training, Pilates and bums-legs-buttocks, but also relaxation exercises such as autogenic training, progressive muscle relaxation or singing bowls can be part of this program.

Guests with health packages can participate free of charge, depending on availability. There is no entitlement to it. Registration is only possible in the hotel.



A woman with dark hair is smiling and splashing water in a pool. She is wearing a dark patterned swimsuit. The water is splashing upwards, creating a large spray. The background is a blurred view of a pool and some greenery.

Prices 2021

HEALTH & PREVENTION

FASTENING & BASEFASTING SEMINAR

It's easier in a group!

- 6 nights
- incl. cure catering depending on the program
- incl. Drinks depending on the program
- Moring walk, hiking, mediation
- Lots of information & lecture about nutrition

6 nights

Euro 810,00 fastening / Euro 870,00 basefasting
per person in double room / single room plus Euro 5,00 per day

dates:

07.02.2021 bis 13.02.2021

14.03.2021 bis 20.03.2021 & 14.11.2021 bis 20.11.2021

THERME TOTAL:

- 3/4/7 nights incl. breakfast from Buffet
- 3/4/7 x half board
- 3/4/7 x one-time fill-time entry for the Jod Sole Therme incl. sauna & Sole
- 1 cocktail „Ascona“

3 nights

from Euro 288,00 till Euro 343,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

4 nights

from Euro 376,00 till 446,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

7 nights

from Euro 682,00 till Euro 787,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking

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AKTIV

NORDIC WALKING:

- 3 nights incl. breakfast from Buffet
- 3 x half board (also „wellness food“ possible)
- 1 x hot-stone-backmassage
- 1 x Nordic Walking map
- Nordic Walking – incl. rent stoeckers
- 1 x introduction and orientation walk
- 1 x cocktail „Ascona“

3 nights

from Euro 270,00 till Euro 325,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking!

CYCLING OR HIKING :

- 3 nights incl. breakfast from Buffet
- 3 x half board (also „wellness food“ possible)
- bikes
- 1 x cocktail „Ascona“
- 1 x hiking/ cycling map
- 1 x lunch packet

3 nights

from Euro 246,00 till Euro 301,00

per person in double room / single room plus Euro 5,00 per day

Prices are based on occupancy of the hotel at the time of booking!



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GOLF

BIRDIE SMALL:

- 2 nights incl. breakfast from buffet
- 1 x half board
- 1 x four-course surprise menu
- 1 x greenfee in the Golf Club Bad Bevensen
- 1 x cocktail „Ascona“

2 nights

Euro 218,00 weekdays

Euro 238,00 weekend & on holidays

per person in double room / single room plus Euro 5,00 per day

BIRDIE BIG:

- 5 nights incl. breakfast from buffet
- 4 x half board
- 1 x four-course surprise menu
- 1 x Heidegolfcard (4 x greenfee on places of the Heidegolfcard)
- 1 x cocktail „Ascona“

5 nights

Euro 555,00

per person in double room / single room plus Euro 5,00 per day

The order of the Heidegolf card requires 3 working days - The provisions of the Heidegolf card apply (Clubhaus AG) - membership in a registered golf club or the VcG, and a core requirement of at least 54 is necessary for both packages.

We will gladly send you our golf course brochure with further information.



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CELEBRATE PARTIES

PENTECOST & ASCENSION:

- 4 or 7 nights incl. breakfast from buffet
- 3/6 x half board
- 1 x specialties buffet
- 1 x cocktail „Ascona“

EASTER– THE HIDDEN EGG:

- 4 or 7 nights incl. breakfast from buffet
- 2/5 x half board
- 1 x easter gala buffet
- 1 x easter lamb menu
- 1 x Search action „the hidden egg“
- 1 x easter cocktail

4 nights

Euro 389,00

per person in double room / single room plus Euro 5,00 per day

7 nights

Euro 651,00

per person in double room / single room plus Euro 5,00 per day

CHRISTMAS MAGIC:

- 5 or 7 nights incl. breakfast from buffet
- 5/7 x half board including festive menus and gala buffet (a part of the half board)
- varied christmas program
- christmas party on christmas eve

5 nights

Euro 530,00

per person in double room / single room plus Euro 5,00 per day

7 Nächte

Euro 700,00

per person in double room / single room plus Euro 5,00 per day



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CELEBRATE PARTIES

CHANGE OF THE YEAR:

- 3/4 or 7 nights incl. breakfast from buffet
- 2/3/6 x half board
- New Year's Eve party including 4-course menu, live music, entertainment and rustic midnight buffet
- New Year's hike

3 nights

Euro 369,00

per person in double room / single room plus Euro 5,00 per day

4 nights

Euro 444,00

per person in double room / single room plus Euro 5,00 per day

7 nights

Euro 700,00

per person in double room / single room plus Euro 5,00 per day

CHRISTMAS MAGIC & ANNUAL CHANGE

- 14 nights incl. breakfast from buffet
- 12 x half board – 1 x gala buffet
- 1 x New Year's dinner
- All contents of the two packages

14 nights

Euro 1.351,00

per person in double room / single room plus Euro 5,00 per day

Informations to our arrangements:

All prices are per person for overnight stays in a standard single or double room.

For all offers with half board a change on full board is possible (Euro 9,00 per day / person).

Prices and Programs are subject to change!

For more informations please call 00 49 5821 550.